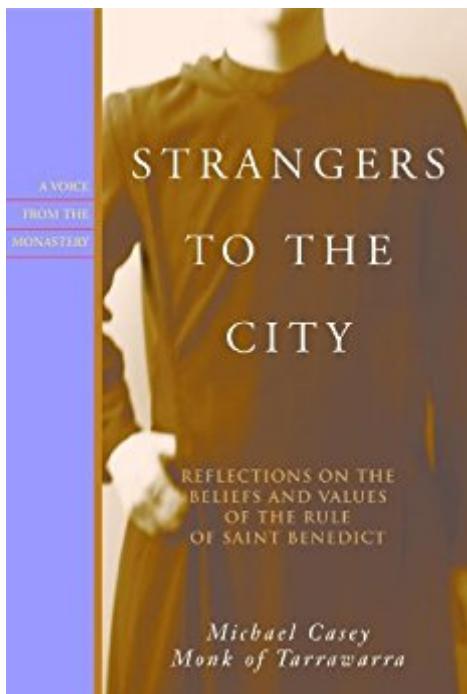


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# Strangers To The City: Reflections On The Beliefs And Values Of The Rule Of Saint Benedict (Voices From The Monastery)



## **Synopsis**

Michael Casey, a monk and scholar who has been publishing his wise teachings on the Rule of St. Benedict for decades, turns to the particular Benedictine values that he considers most urgent for Christians to incorporate into their lives today. Eloquent and incisive, Casey invites readers to accept that gospel living - seen in the light of the Rule - involves accepting the challenge of being different from the secular culture around us. He encourages readers to set clear goals and objectives, to be honest about the practical ways in which priorities may have to change to meet these goals, and to have the courage to implement these changes both daily and for the future. Casey presents thoughtful reflections on the beliefs and values of asceticism, silence, leisure, reading, chastity, and poverty - putting these traditional Benedictine values into the context of modern life and the spiritual aspirations of people today. *Strangers to the City* is a book for all who are interested in learning more about the dynamics of spiritual growth from the monastic experience.

## **Book Information**

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## **Customer Reviews**

Without exception I have found the books by Michael Casey, osc to be outstanding when it comes

to Benedictine formation. His teaching in all of his books, including this one, has been and continues to be profoundly influential in my own Benedictine journey. This particular book is exactly as the title suggests .... Reflections on the beliefs and values of the Rule of St. Benedict. Fr. Michael teaches practical application of The Rule, not only for those of us who are intentionally seeking to live our lives according to Benedict's direction, but for anyone simply seeking to live a quality and meaningful life that will make a difference in this world. I highly recommend this book, as I do all of Michael Casey's books. It's the next best thing to sitting under his teaching as a Novice Master in community.

Masterful! What a challenge to any follower of Christ. For various reasons all are not called to the cloistered life. However we are all called to live a life of quiet devotion to God and this book challenges the way we do that .

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